

# Raft Building

## Instruction sheet

### Guidelines for Taking a Raft Building Session:

#### General Water Safety

- No child is allowed in stream without adult supervision.
- Ratio of 1:6 (1 adult per 6 children) is recommended.
- You will need to use lifejackets - a range of sizes can be found in the kayak shed.
- Adults to make a plan with their observations of swimmers e.g. Be responsible for watching different areas of the swimming hole. This ensures no part is left unobserved.
- Have a lifebelt easily accessible
- Instruct all children to not leave the area without permission. Do a head count before and after the session.
- Kayaks may be available if an adult wants to supervise from the water.

#### Materials

- Ropes
- Barrels
- Bamboo
- Paddles
- Plastic Containers

#### Instructions

- Divide the group in half. They must use the materials provided and anything they can find in the surrounding area that is natural, to build a raft that can take the entire weight of their team. Give the kids about 30 minutes to build their rafts.
- After they have built the raft one team at a time will set their raft out into the waterhole and try and paddle around with the entire team on board (15mins)
- In the last 5 minutes get the kids to clean up any debris left from the rafts and go and get changed.

