



Trolley Carts

Instruction Sheet

Guidelines for running a Trolley Carts session:

Location

On concrete Drive on safe side of yellow retractable gate.

Aim

Assemble your cart and ride it down the hill.

Instructions

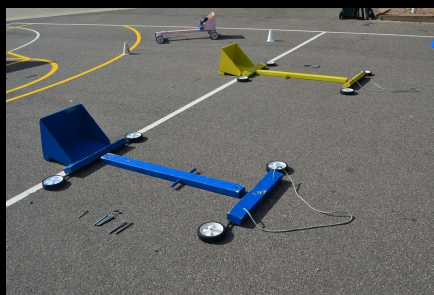
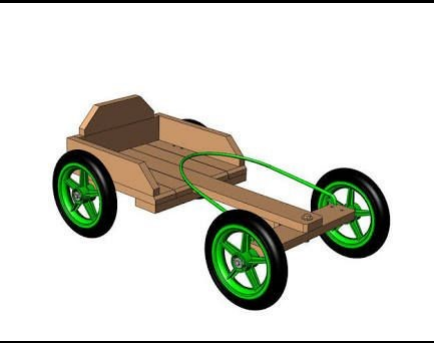
- Split the group into three groups
- Each group will assemble their own trolley cart
- Once the cart has been assembled you will need to check over it before they ride it down the hill
- Make sure the students wear a helmet before they ride the cart
- You may get them to practice on the driveway first before going down the hill
- Allow each child to have a turn riding their cart down the hill
- Their team members may follow them down to help bring the cart back up (please make sure they go down afterwards)
- If time allows they can have another turn
- Make sure you leave time for the group to disassemble the cart

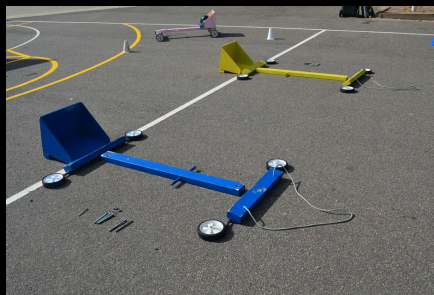
Things to Check before allowing them to ride

- Ensure there is a washer and a circle pin on each wheel
- Make sure the bolts are done up (finger tight is enough)
- The front axle is underneath the centre beam

Riding the cart

- Make sure they are wearing a helmet
- Their feet are to be placed in the front axle
- Use the rope and feet to steer the cart
- To stop turn the cart towards an uphill
- Do not place feet on the ground to try and stop cart





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Assembly Diagram

