

Waterhole

Instruction sheet

Guidelines for supervising a waterhole session:

General Safety

- No child is allowed in stream without adult supervision.
- **Adult: child ratio is required at 1:6**
- Keep a whistle on hand and instruct all children to leave water hole immediately if it is used.
- Adults to make a plan with their observations of swimmers, e.g. be responsible for watching different areas of the swimming hole. This ensures no part is left unobserved.
- Have a lifebelt easily accessible
- No running around the water hole.
- Instruct all children to not leave the area without permission. Do a head count before and after the session.
- A kayak may be available if an adult wants to supervise from the water. Ensure the kayak isn't in the path of the rope swing or water slide! However if a Kayak isn't available, we recommend an adult to be in the water or ready to jump in at all times.
- See an instructor for a Life jacket if you have any concerns about the swimming ability of a child. Using these is recommended especially for the rope swing and waterslide users.

Rope Swing

- Adult to be responsible for hooking the rope swing.
- Have another adult watching to ensure child comes to the surface after the jump.
- Note the water depth - shallow near the bank. Instruct children to let go at the farthest point possible.
- Encourage children to get in the water before they go off the rope swing to avoid sudden shock at the temperature change.

Waterslide

- One adult is to be at the top of the waterslide, supervising children using it. We recommend another adult at the base of the slide to ensure child comes to surface.
- Before the first user, tip a bucket of water down the slide to make it slippery. Visually check the slide is clear of all branches, sticks or obstructions.
- One person at a time.

