

Rock Climbing

Risk Level: High

Minimum Adults Needed: 2

Location: In Gym at Indoor Rock Wall

Supervisors: Parent Helpers/Teacher(s)

Important Information for Supervisors of Activity Groups:

- ⇒ The children and their safety is **your** responsibility for the entire duration of the session. Do not allow any child to leave the group without your permission.
- ⇒ Please ensure your cellphone is off & attention is on the children at all times.
- ⇒ Please ensure you are acquainted with the **Activity Instructions** and the **RAMS** form for your activity prior to beginning the session.
- ⇒ It is expected that your organisation will have briefed supervisors as to any special needs/at risk children (e.g. a severe bee-sting allergy, epilepsy).
- ⇒ If you have any concerns about the activity, the equipment or your level of ability in regard to this activity, please speak with One Big Adventure staff immediately.
- ⇒ Normal precautions for child safety apply such as:
 - ◆ Ensure adequate clothing and footwear are worn especially if outdoors.
 - ◆ Maintain group control at all times.
 - ◆ Be aware of emergency procedures.
 - ◆ Know who your First Aid Officer for the group is and their location.
- ⇒ Encourage full group participation and have fun together!

EMERGENCY PROCEDURES

1. Stop the activity
2. Assess the situation and the group safety as well as your own
3. Administer first aid and seek further treatment if necessary
4. Fill in Accident Report Sheet with your First Aid Officer (See Staff)

- ◆ The **RAMS** outlined below are for hazards that could result in serious illness, injury and/or death. These hazards are specifically related to use of One Big Adventure activities and equipment.
- ◆ Risks associated with normal daily life have not been included (such as bee stings, sunburn, etc.) as it is expected that all groups will apply normal precautions to avoid these and to address them if need be.

Equipment		
Risks	Causing Factors	Normal Operations
Death or Injury	Equipment failing	Equipment to undergo regular intensive maintenance by Staff
	Equipment not provided	All necessary Equipment provided and correct usage explained and enforced, including harnesses
	Long hair or loose clothing caught in equipment	Ensure long hair is tied back & no loose tops to be worn
	Inappropriate length of shorts causing pinching	If the participants shorts do not come past the straps of the harness, they get told to change.
People		
Risks	Causing Factors	Normal Operations
Death or Injury	Incorrect Belaying	Instructor to provide belaying instruction and observation until competence is achieved
	Fear of heights - participant getting 'stuck'	Instructor trained on rescuing climbers. Encourage 'Challenge by Choice' - no forced climbing
	Climber falling too far, too hard, or hitting something or someone else	Ensure climber always has a trained belayer. Climbers to be mindful of others and move carefully when ascending and descending
	Misbehavior/loss of group control	Ensure adequate Adult supervision including trained One Big Adventure Instructor always present
Environment		
Risks	Causing Factors	Normal Operations
Injury	Being hit or distracted by sports balls/other equipment in the gym	Only other people in gym under supervised activities. No sports balls allowed during session