



# RAMS

Risk Analysis & Management Systems

Reviewed 15/10/2020 (AT)

# Rock Climbing

**Risk Level:** High

**Minimum Adults Needed:** 2

**Maximum Participants:** 12 - Please note that if there are more than 12 students there may need to be more supervision provided.

**Location:** In Gym at Indoor Rock Wall

**Supervisors:** Parent Helpers/Teacher(s)

### Important Information for Supervisors of Activity Groups:

- ⇒ The children and their safety is **your** responsibility for the entire duration of the session. Do not allow any child to leave the group without your permission.
- ⇒ Please ensure your cellphone is off & attention is on the children at all times.
- ⇒ Please ensure you are acquainted with the **Activity Instructions** and the **RAMS** form for your activity prior to beginning the session.
- ⇒ It is expected that your organisation will have briefed supervisors as to any special needs/ at risk children (e.g. a severe bee-sting allergy, epilepsy).
- ⇒ If you have any concerns about the activity, the equipment or your level of ability in regard to this activity, please speak with One Big Adventure staff immediately.
- ⇒ Normal precautions for child safety apply such as:
  - ◆ Ensure adequate clothing and footwear are worn especially if outdoors.
  - ◆ Maintain group control at all times.
  - ◆ Be aware of emergency procedures.
  - ◆ Know who your First Aid Officer for the group is and their location.
- ⇒ Encourage full group participation and have fun together!

### EMERGENCY PROCEDURES

1. Stop the activity
2. Assess the situation and the group safety as well as your own
3. Administer first aid and seek further treatment if necessary
4. Fill in Accident Report Sheet with your First Aid Officer (See Staff)

- ◆ The **RAMS** outlined below are for hazards that could result in serious illness, injury and/or death. These hazards are specifically related to use of One Big Adventure activities and equipment.
- ◆ Risks associated with normal daily life have not been included (such as bee stings, sunburn, etc.) as it is expected that all groups will apply normal precautions to avoid these and to address them if need be.

| Equipment       |   |  |
|-----------------|---|--|
| Risks           | Causing Factors   | Normal Operations  |
| Death or Injury | Equipment failing   | Equipment to undergo regular intensive maintenance by Staff  |
|                 | Equipment not provided  | All necessary Equipment provided and correct usage explained and enforced, including harnesses   |
|                 | Long hair or loose clothing caught in equipment                         | Ensure long hair is tied back & no loose tops to be worn   |
|                 | Inappropriate length of shorts causing pinching                         | If the participants shorts do not come past the straps of the harness, they get told to change.  |
| People          |   |  |
| Risks           | Causing Factors   | Normal Operations  |
| Death or Injury | Incorrect Belaying  | Instructor to provide belaying instruction and observation until competence is achieved  |
|                 | Fear of heights - participant getting 'stuck'                           | Instructor trained on rescuing climbers. Encourage 'Challenge by Choice' - no forced climbing  |
|                 | Climber falling too far, too hard, or hitting something or someone else | Ensure climber always has a trained belayer. Climbers to be mindful of others and move carefully when ascending and descending                     |
|                 | Misbehavior/loss of group control                                       | Ensure adequate Adult supervision including trained One Big Adventure Instructor always present  |
|                 | Participants walking under climbers                                     | Ensure participants stay behind the white line at all times until it is time for them to climb   |
| Environment     |   |  |
| Risks           | Causing Factors   | Normal Operations  |
| Injury          | Being hit or distracted by sports balls/other equipment in the gym      | Only other people in gym under supervised activities. No sports balls allowed during session - these need to be put away before the session begins |